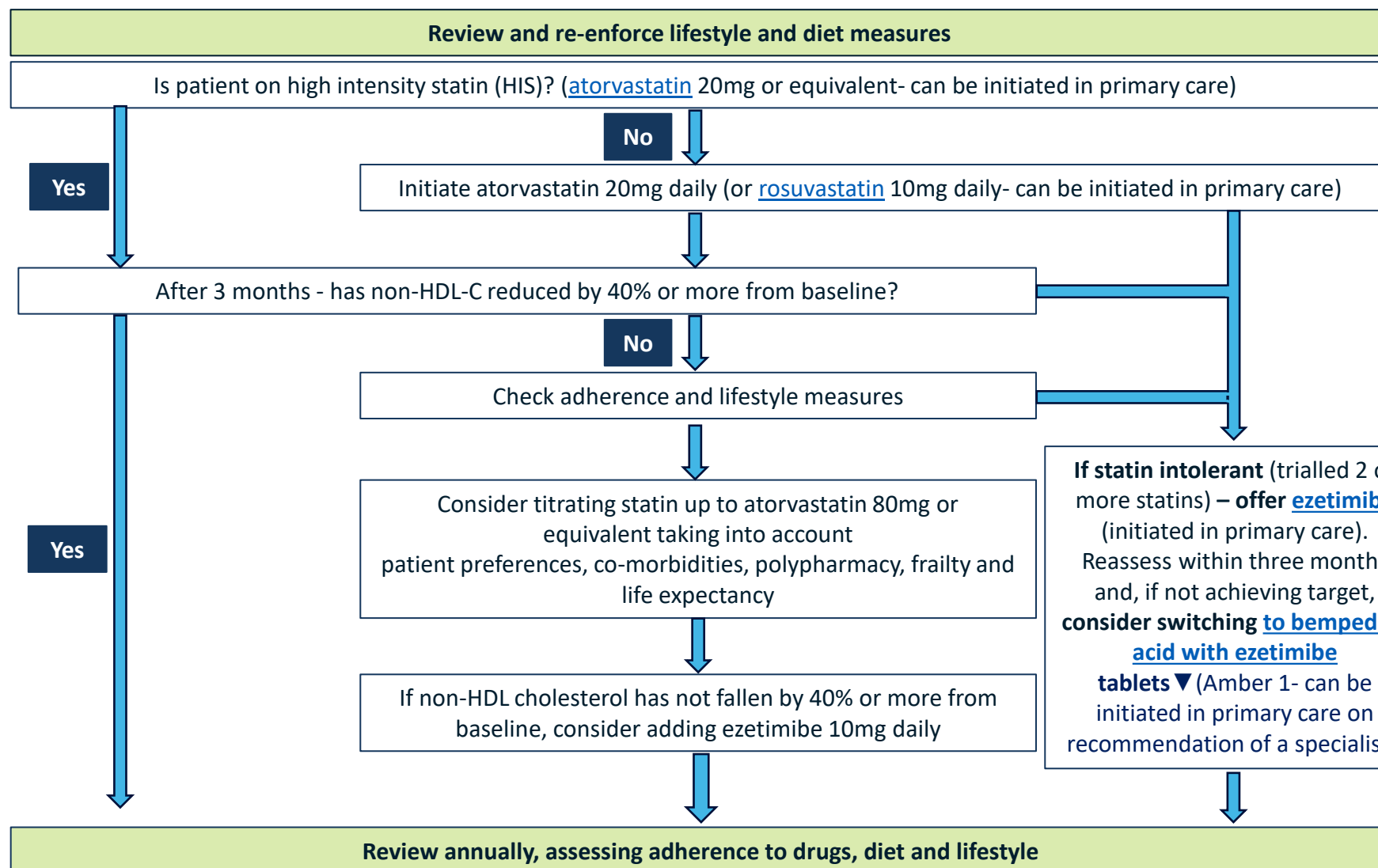


Patients with High Cardiovascular Risk – Primary Prevention



Lipid lowering therapy should be offered to all patients with a QRISK $\geq 10\%$ after addressing lifestyle modification.

Patients with the following conditions are high CVD risk and **require consideration** for a high intensity statin (HIS) regardless of QRISK: **familial hypercholesterolaemia (FH), type 1 diabetes mellitus (T1DM), chronic kidney disease (CKD) and/or albuminuria.**

Offer HIS to patients with T1DM and age > 40 years or patients with T1DM >10 years or nephropathy or with other CVD risk factors
[NICENG238](#)

Offer HIS to patients with Type 2 DM with CV risk $\geq 10\%$ and to **all patients with CKD**

Consider additional CVD risk factors, if present, together with QRISK score.

People living with HIV (PLWH)

All people living with HIV aged 40 years or older should be offered a statin for primary prevention of CVD irrespective of lipid profile or estimated CVD risk.